

FORT LEE DEPARTMENT OF RECREATION

IMPORTANT – PLEASE READ THE FOLLOWING REGISTRATION PROCEDURES

NOTE: TGA Golf Clinic and USSI Sports Squirts are not included in this brochure but are currently registering ON-LINE ONLY through the following links:

Golf (ages 5 – 12 years)

<https://bergencounty.playtga.com/fortleefall21>

Multi Sports (ages 3 - 5 years)

<https://usasportgroup.com/recreation/1385-fort-lee-recreation-fort-lee-nj>

Please note: Registration procedures listed below are for classes that appear in this brochure only.

Payment for classes: Check, money order, or cash only (please have exact change)

Registration for Fall 2021 classes is as follows:

Registration begins Saturday, September 18th from 11:30AM – 2:30PM for Fort Lee residents only. Registration will then resume weekdays between the hours of 8:30 A.M. and 3:00 P.M. Registration takes place at the Fort Lee Recreation Center, 1500 8th Street (the bottom of Stillwell Avenue).

Our office number is 201-592-3612.

ALL VISITORS AND EMPLOYEES MUST WEAR A MASK WHILE INSIDE THE RECREATION CENTER AS WELL AS ALL BOROUGH BUILDINGS!

Non-residents will be able to register for any classes that remain available beginning Monday, September 27th.

You may choose to register after a class start date, however, the price of the class will not be pro-rated.

REFUND POLICY

REFUNDS WILL ONLY BE GIVEN PRIOR TO THE CLASS START DATE. NO REFUNDS/CREDITS WILL BE GIVEN ONCE A CLASS HAS STARTED. IN THE EVENT A CLASS IS CANCELLED DUE TO INSUFFICIENT REGISTRATION, PARTICIPANTS WILL RECEIVE A FULL REFUND.

COVID-19 POLICY

As COVID-19 remains a serious threat to our community, there will be mask and social distancing regulations for all indoor classes. Please see specific class information.

Please Note: All registrants must be age appropriate by the time of the first scheduled class. Any registrants who are not age appropriate will be placed on a waiting list.

If you have not registered with us before, we will require the following information at the time of registration: Name of participant, Address, Home Telephone Number, Emergency Telephone Number, School, Proof of Age (**Birth Certificate or Passport**), and Proof of Residency (**ONLY a lease, deed, property tax bill, maintenance agreement, most recent cancelled maintenance check, most recent cancelled rent check, a Community Center Identification Card, or a valid driver's license will be accepted**).

FALL PROGRAM FACILITIES

Recreation Office
Bottom of Stillwell Avenue
(201) 592-3612

Jack Alter Community Center
1355 Inwood Terrace
201-592-4699

FORT LEE RECREATION DEPARTMENT WEBSITE

The Borough of Fort Lee has an official website on the Internet: www.fortleenj.org. Just click the Recreation Department link in order to view our seasonal bulletins, facilities, and other information



Like us on Facebook – Fort Lee Recreation

PRE-K CLASSES

CREATIVE TOTS

Thursday: 3:30 – 4:10 P.M. Location: Recreation Center
4:20 – 5:00 P.M. Begins: October 7th
Ages: 4 - 5 years (Not in Kindergarten) Limit per Class: 8
Session: 6 weeks Fee: \$25.00*

This program is a creative, interactive art class designed to develop artistic skills and build confidence. Drawing, painting, “collaging” and designing one’s own unique “works of art” allow your child’s artistic expression to flow. Instructor: Dina Pappas. Please note: **Children should bring a smock to each class.**

COVID POLICY – MASK WILL BE REQUIRED FOR ALL PARTICIPANTS AND PARENTS/GUARDIANS WHILE INSIDE THE BUILDING. SOCIAL DISTANCING RULES WILL BE IN EFFECT AT ALL TIMES

***CHECKS MUST BE MADE PAYABLE TO BOROUGH OF FORT LEE**

SOCCER SIPS

Saturday: 12:30 – 1:20 PM Location: Jack Alter Community Center
Ages: 3 & 4 years Begins: October 2nd
Session: 6 weeks Class Limit: 24
Fee: \$80.00*

Soccer Sips is a dynamic, creative, non-competitive soccer program for pre- school children, ages 3 – 4 years. Trained coaches and pre- school professionals will offer a positive introduction to soccer in a friendly environment. Children should wear shorts or sweatpants, t-shirts, sneakers and shin guards.

COVID-19 POLICY: Active players are encouraged to keep masks on but are optional when playing due to the movement based on any potential pre-existing respiratory issues that may be present (policy subject to change based on CDC and health department updates).

Parents/guardians MUST wear a mask while inside the facility regardless of vaccination status.

Class dates: October 2nd, 9th, 16th, November 6th, 13th, 20th (No classes October 23rd and 30th due to early voting)

***CHECKS MUST BE MADE PAYABLE TO: PROACTIVE SPORTS**

SOCCER ELEMENTS

Saturday: 1:30 – 2:20 PM Location: Jack Alter Community Center
Ages: 4 & 5 years Begins: October 2nd
Session: 6 weeks Class Limit: 24
Fee: \$80.00*

Soccer Elements is our “next” step program. While continuing in a fun environment, players will learn the key techniques of soccer including dribbling, passing and shooting. This program is ideal for our 5-year-olds and those 4-year-old children that are confident in group environments. Children should wear shorts or sweatpants, t-shirts, sneakers and shin guards.

COVID-19 POLICY: Active players are encouraged to keep masks on but are optional when playing due to the movement based on any potential pre-existing respiratory issues that may be present (policy subject to change based on CDC and health department updates).

Parents/guardians MUST wear a mask while inside the facility regardless of vaccination status.

Class dates: October 2nd, 9th, 16th, November 6th, 13th, 20th (No classes October 23rd and 30th due to early voting)

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K – 12 CLASSES

CREATIVE CRAFTS

Wednesday: 4:00 – 4:40 P.M. - Grades K - 2
4:50 – 5:30 P.M. - Grades K – 2
5:40 – 6:20 P.M. - Grades 3 - 5
Session: 6 weeks

Location: Recreation Center
Begins: October 6th
Limit per class: 8
Fee: \$25.00*

Leaves, pumpkins and even turkeys are plentiful in this all-new 6 week fall creative crafts session. With Halloween “tricks” and Thanksgiving “treats” your child will create beautiful, hand-made projects that complement the fall season perfectly. Instructor: Kim Kellas

*Please note: **Children should bring a smock to each class.**

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EXPRESS YOURSELF

Thursday: 5:10 – 6:00 P.M.
Ages: Grades K – 1st
Session: 6 weeks

Location: Recreation Center
Begins: October 7th
Limit per class: 8
Fee: \$30.00*

This creative, fun, interactive class is designed to develop your child’s artistic skills by using a varied assortment of art supplies and crafts and by employing exciting art techniques. Enhance your child’s understanding of the concepts of form, color and self-expression. Instructor: Dina Pappas.

Please note: **Children should bring a smock to class.**

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“KIDZ ACTING”

Saturday: 10:15 – 11:00 A.M.
Ages: 6 – 11 years
Session: 8 weeks

Location: Recreation Center
Begins: October 9th
Limit per class: 10
Fee: \$115.00*

In this fun class with Miss Alexis, kids will act, play drama games, explore their imaginations, and much more. Kids will improvise, role play, and even craft their own short play! Students will have the opportunity to act individually and in pairs or groups, to navigate what it means to have the spotlight to themselves, as well as how to share it. There will be a final performance at the end of the semester.

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“KIDZ CREATIVE WRITING”

Monday: 5:45 – 6:30 PM
Ages: Grades 8 ½ - 12 years
Session: 8 weeks

Location: Recreation Center
Begins: October 4th
Class limit: 12
Fee: \$115.00*

This creative writing class with Miss Momo, an instructor with The School of the New York Times, will prove to be an asset for children as they build their writing skills in a fun and exciting way! Students will use their distinctive imaginations and knowledge to write during every class (ex. creative stories, movie scenes, opinion pieces, etc.). Each class will be tailored to the students' individual grade and abilities. By the end of the program, kids will have a portfolio of their final edited compositions.

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“KIDZ DEBATE”

Friday: 3:30 – 4:15 P.M.
Ages: 9 – 13 years
Session: 8 weeks

Location: Recreation Center
Begins: October 8th
Class limit: 10
Fee: \$115.00*

In this high-spirited new class with Miss Momo, kids will develop their skills of persuasion! Students will participate in class-wide debates on a variety of topics and learn to persuade others. They will also learn techniques to help them become more confident and back up their arguments with proof and supporting details

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“KIDZ GUITAR ROCKERS”

Friday : 5:45 – 6:30 PM
Ages: 6 ½ - 9 ½ years
Session: 7 weeks
Fee: \$230.00 includes a guitar and case. \$130 if child has their own guitar

Location: Recreation Center
Begins: October 8th
Limit per class: 7

Guitar is great for kids who want to play a fun instrument that allows them to play solo, in a group, or even accompany themselves while singing. Let Miss Momo introduce your child to guitar instruction. Your young musician will learn strumming and picking methods, simple chords and exciting rhythms.

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“KIDZ WRITE”

Friday: 4:15 – 5:00 PM
Ages: 6 – 8 years
Session: 8 weeks

Location: Recreation Center
Begins: October 8th
Limit per class: 10
Fee: \$115.00*

In this new class, children will practice writing through fun and unique projects like riddles, imaginative stories, photo prompts, and poems. Miss Momo, an instructor with The School of the New York Times will guide students as they maneuver their way through parts of speech, complete sentences, story structure, and more! Each class will be tailored to the students' individual ages and abilities.

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KIDZ ZUMBA

Saturday: 9:30 – 10:15 AM
Ages: 6 – 12 years
Session: 8 weeks

Location: Recreation Center
Begins: October 9th
Limit per class: 12
Fee: \$115.00*

Zumba is a fun and easy way for kids to incorporate fitness into their routines. With a fusion of Latin-inspired beats and aerobic dance, kids will learn choreography and get a cardio workout through easy-to-learn moves. This class offers the opportunity for kids to move to upbeat age-appropriate music and feel good about themselves, while experiencing exercise in a fun, social way.

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PUBLIC SPEAKING

Friday: 5:00 – 5:45 P.M.
Ages: 5 – 8 years
Session: 8 weeks

Location: Recreation Center
Begins: October 8th
Limit per class: 12
Fee: \$115.00*

In this class, Miss Momo will introduce kids to the art of public speaking at an age-appropriate level, increasing their confidence and comfort with speaking in front of a group. Students will learn to express their ideas, present before a group, and listen effectively. They will also learn positive body language, vocal projection, and how to manage nerves. They will play games that make public speaking fun and will deliver prepared and “pop” presentations. There will be final presentations on the last day of class, which parents are invited to attend

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PUBLIC SPEAKING II

Monday: 5:00 – 5:45 P.M.
Ages: 8 ½ - 12 years
Session: 8 weeks

Location: Recreation Center
Begins: Monday, October 4th
Limit per class: 12
Fee: \$115.00*

Guided by Miss Momo, students in this class will develop their public speaking skills and grow their confidence and comfort with speaking in front of a group. Kids will learn to communicate effectively and give academic and informal presentations. They will learn positive body language, vocal projection, how to remove filler words (ex. like, um), and how to manage nerves. Kids will play games and make public speaking fun and they will deliver both prepared and “pop” presentations on the spot. There will be final presentations on the last day of class, which parents are invited to attend

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ADULT CLASSES

ADULT WATERCOLOR & SKETCHING WORKSHOP

Wednesday: 7:00 – 8:30 PM
Ages: 18 and over
Session: 6 weeks

Location: Recreation Center
Begins: October 6th
Limit: 15
Fee: \$25.00*

Study watercolor and Sketching techniques with award winning artist and president of the Fort Lee Artists Guild, and a board member of the American Artists Professional League, Barry Shiff. This class is for anyone who has a love of the watercolor genre and drawing and sketching – from beginners to the more experienced artist as well. Instruction will be taught in the traditional watercolor style and will include landscapes, seascapes and sailing vessels. Instructor: Barry Shiff

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Please note, participants must provide their own supplies. A supply list will be given upon registration or by contacting Fort Lee Recreation at 201-592-3612 to have one emailed to you.

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